



CONSELL ESPORTIU DEL PLA DE L'ESTANY (SPORTS COUNCIL OF PLA DE L'ESTANY)

The Sports Council of Pla de l'Estany (CEPE – Catalonia – Spain) is a social organization with the main goal of promoting physical activity and sport in the Pla de l'Estany region. To do so, the organization is strongly connected to other entities in the region such as councils, sports clubs, foundations, schools and high schools, and many other public and private associations. It believes in the concept of health, both individual and collective, as the epicentre of the contents of its actions. At this very moment, it is a small organization, with an average of 40 employees throughout the year.

The Sports Council of Pla del l'Estany is currently conducting a wide range of activities: physical activity and sport for children and families, for youngsters, for adults and elderly people, training, sports services, and cooperation with other entities. It is in the context of designing and implementing physical activities and sports for the whole society where the Sports Council thrives by promoting social inclusion through sport with a strong focus on disabled people and first and second-generation immigrants.

The Sports Council of Pla de l'Estany has wide experience in this regard as it has been working alongside councils and foundations such as FC Barcelona Foundation to conduct sportive activities in the region with the specific goal of social inclusion. As of now, the organization is managing and conducting 6 specific sports projects with mainly second-generation immigrants. It is also part of focus groups aiming at redesigning existing methodologies in social inclusion through sport.

The Sports Council of Pla del l'Estany also has experience in managing a wide range of sports projects as it is currently implementing 44 of them with an average of more than 13000 participations in activities for children and teenagers, and 2500 participations in activities for adults and elderly people.

Website: <https://www.ceplaestany.cat/>



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