



CEPE-Consell Esportiu del Pla de l'Estany PILOT TEST

Promotion and organization of physical activity and sports with the support of schools, sport clubs, technical professionals from the administration, people with knowledge about social aspects and mentors is our vision that we use as a tool to work on ties related to culture and recreation development (CEPE)

In Spain the pilot test was implemented with second generation migrants

The activity is called Esport i Barris (Active Neighbourhoods) aims at bringing sport and physical activity to complex neighbours in Banyoles. The activity promotes grass-root sports as well as traditional sportive games, sport values and abilities for life, by dynamizing the public sport areas located in the same neighbourhoods.

The 3 neighbours where the activity takes place are clusters of mainly second-generation migrants (Senegal, Gambia, Morocco) which are rated as highly complex: La Farga, Canaleta and Sant Pere. These neighbours have a location really close to the city center, and it helps them not to become a ghetto, because theres constant movement from the citizens of Banyoles to different spots of the city.

These neighbourhoods have their own services like shops, groceries, bars... and actually, the Farga, has a community establishment where they organise sport, cultural and educative activities. 2 of the 3 neighbourhoods have an outdoor multisport court which can be used for anyone, and there are a lot of children, youngsters, and adult people along the day.

Esport Barris is implemented in these neighbourhoods every week during the school period (from October to May) with the aim to set secure space where children can interact with each other and play their favourite sports and games.

Children from 6 to 12 years of age, and teenagers from 13 to 18 years of age, are the main part of the target group. They participate in the weekly activities, twice a week, for 1,5 hours each session. Although some of them do practice sport in sport clubs, the vast majority do not as economical, technical, means for transportation, and other limitations exclude them from extracurricular activities. It is worth also noting that, in some cases, cultural aspects have a direct impact on their obligations within their families and the activities they can perform (this is mostly seen in girls).

Families are also part of the target group of the project. The project aims at getting families involved in some of the activities, by accompanying their children, playing with them, and being involved in some other ways.

One of the main characteristics and strengths are the stakeholders and people involved in the project. Schools, sport clubs, technical professionals from the administration, people with knowledge about social aspects and mentors which know all the participants very well. These technicians are the same ones who have been monitoring during the activities, and most of the time they have been involved with social services to analyse the evolution and changes evoked in school, family and social life due to participation in these activities.



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