



### **CEPE-Consell Esportiu del Pla de l'Estany MULTIPLIER SPORT EVENT**



Banyoles(Spain) ,10th November– 21st December 2022

The event had a two-day structure, divided into a Training Course and the Local Conference.

The training course took place on 10/11/2022. There were around 40 participants, mostly, young people of about 18 years of age interested in sports. It described how the sport is a tool for improving social inclusion and explained how to use it in this field.

About 40 people attended the Local conference on 21/11/2022. During this day, the project was presented and the participants could see a real and clear example of the importance of sports for social inclusion.

Thanks to these events, the participants had a better understanding of sport and inclusion and also received some useful tools and examples that they could already apply.